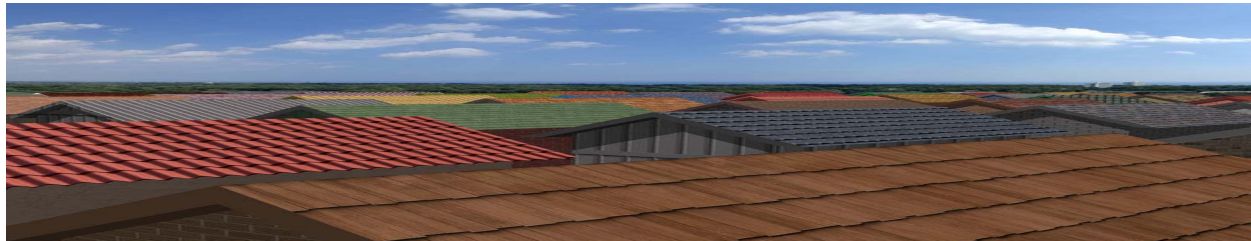


HOUSING AFFORDABILITY AND THE HEALTH OF THE POPULATION

Maija Lewis and Pam Moore
Interior Health Authority

Outline

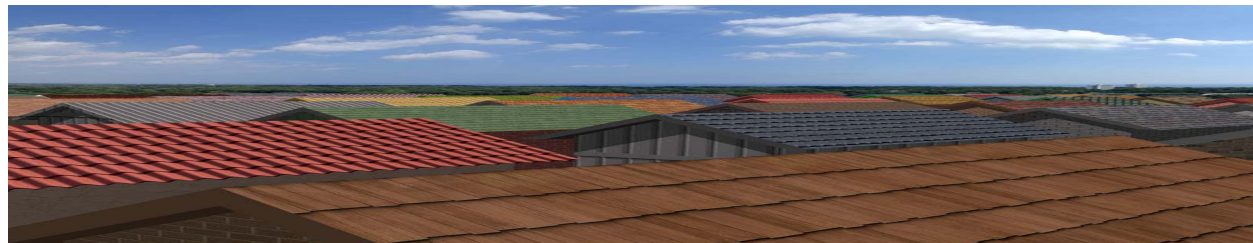
- *Introduction*
- *Social Determinants of Health*
- *Housing Policy, Affordability and Health*
- *Healthy Built Environment*



What is Health?

Health is a state of complete physical, mental and social well-being, not merely the absence of disease...

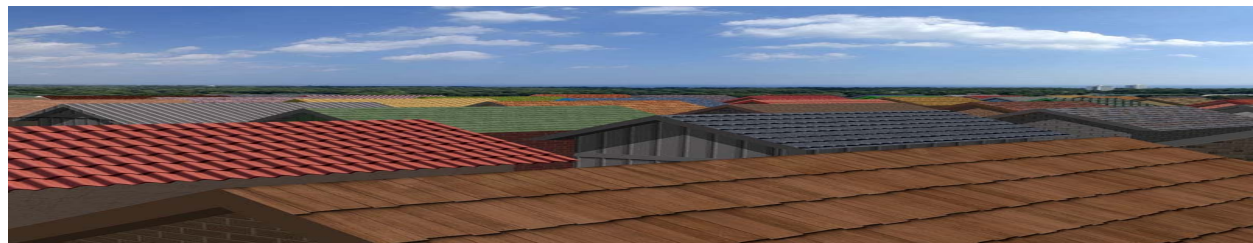
- WHO, 1948



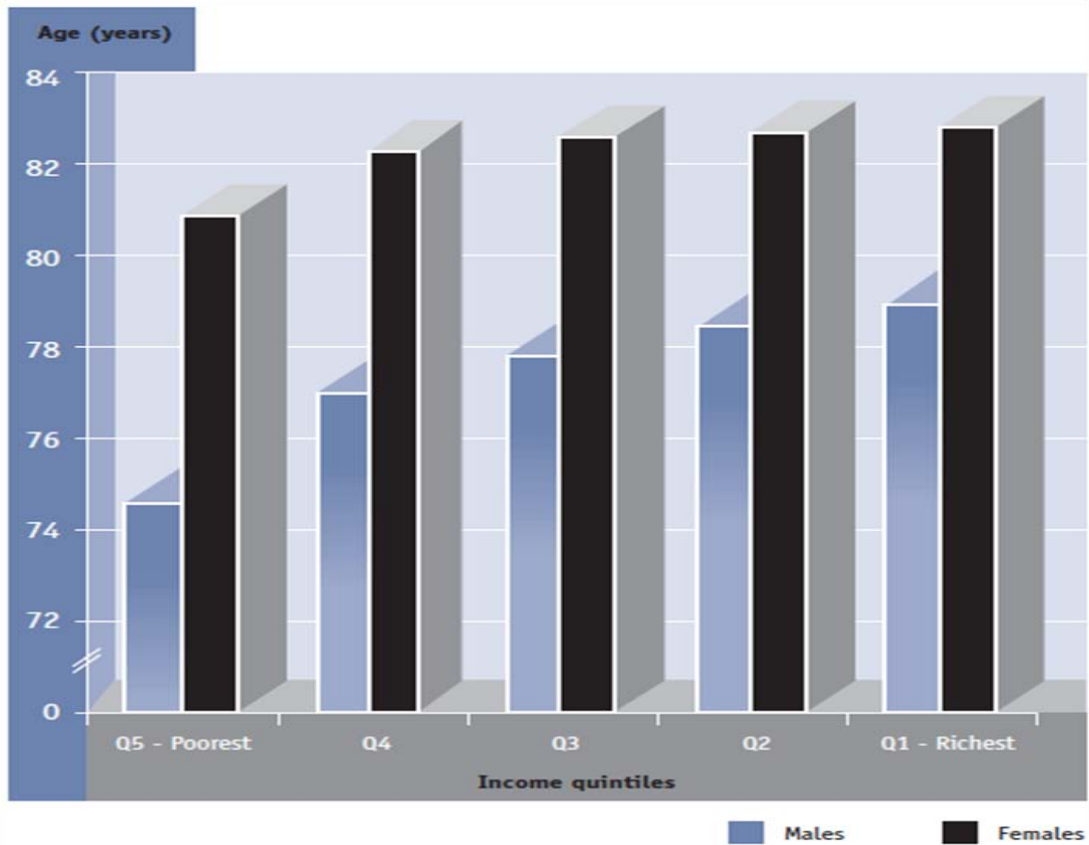
The Social Determinants of Health

- *Income*
- *Education and Literacy*
- *Housing*
- *Early Childhood Development*
- *Employment and Working Conditions*
- *Physical Environment*
- *Access to Health Services*
- *Social Connectedness*
- *Food Security*
- *Culture*
- *Gender*

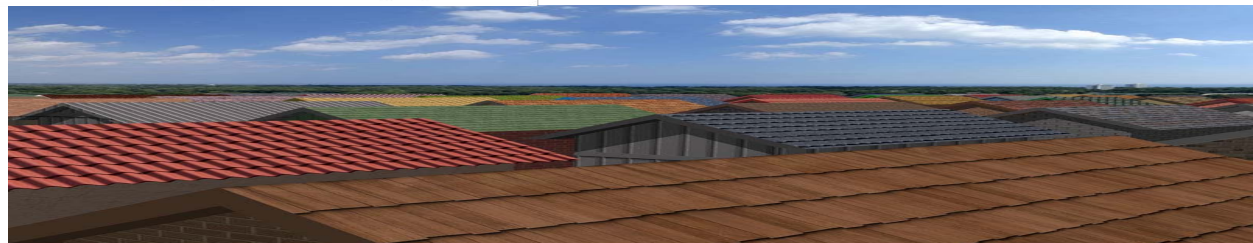
- Combined PHAC, WHO



The Gradient

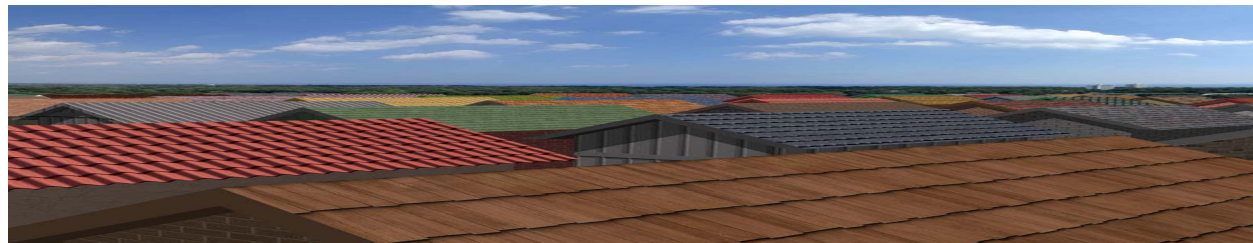


Public Health Agency of
Canada, 2001



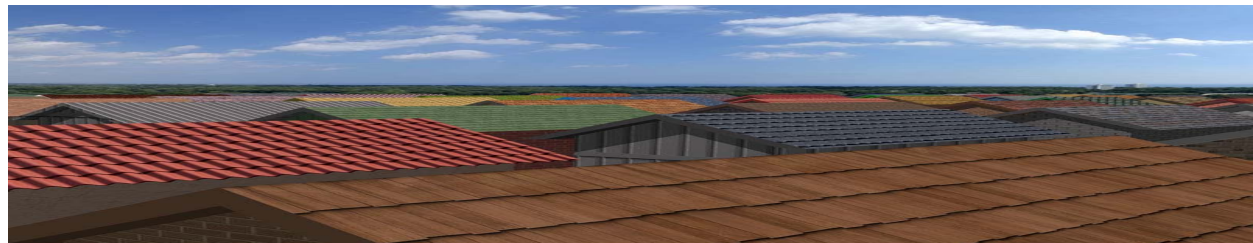
Housing Affordability in BC

- *Okanagan Housing prices relative to income?*
 - ▣ *“In recent years housing prices have increased as much as 150% while income has averaged an increase of just over 7%.”* (OK Homes, Sep. 2008)
- *Core Housing Need: 15.8%* (Census Canada, 2001)
- *Brief history of Housing Policy in BC*

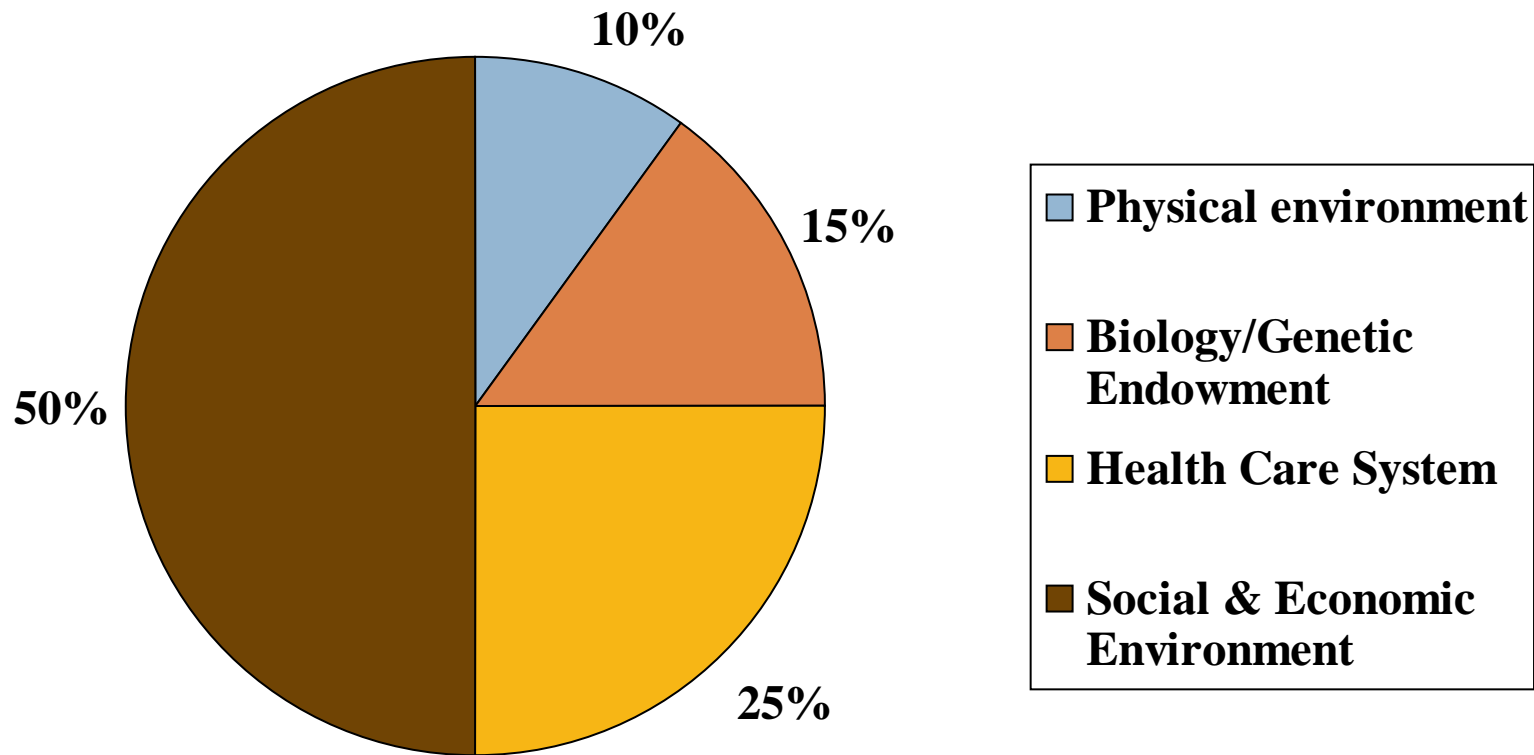


The Housing - Health Connection

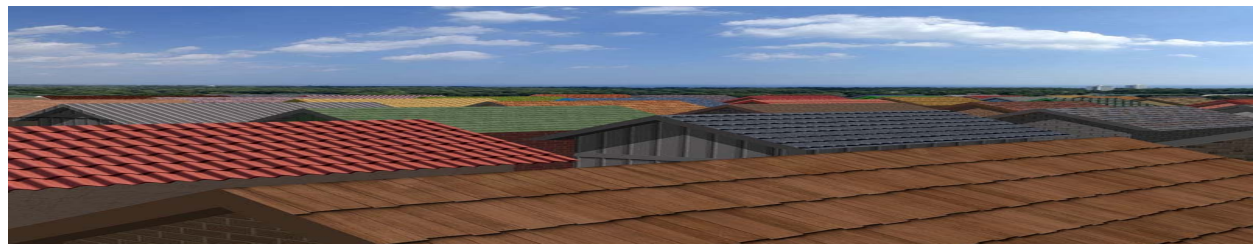
- *Case Study... The story of Leslie Stern*
- *Housing Issues and their relationship to health:*
 - *Design*
 - *Location*
 - *Stability*
 - *Affordability*
 - *Homelessness*



Why Health Authority Involvement?

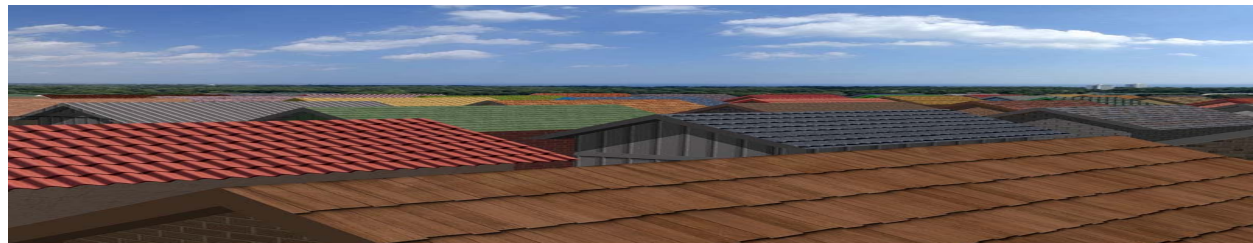


Canadian Institute for Advanced Research, 1997



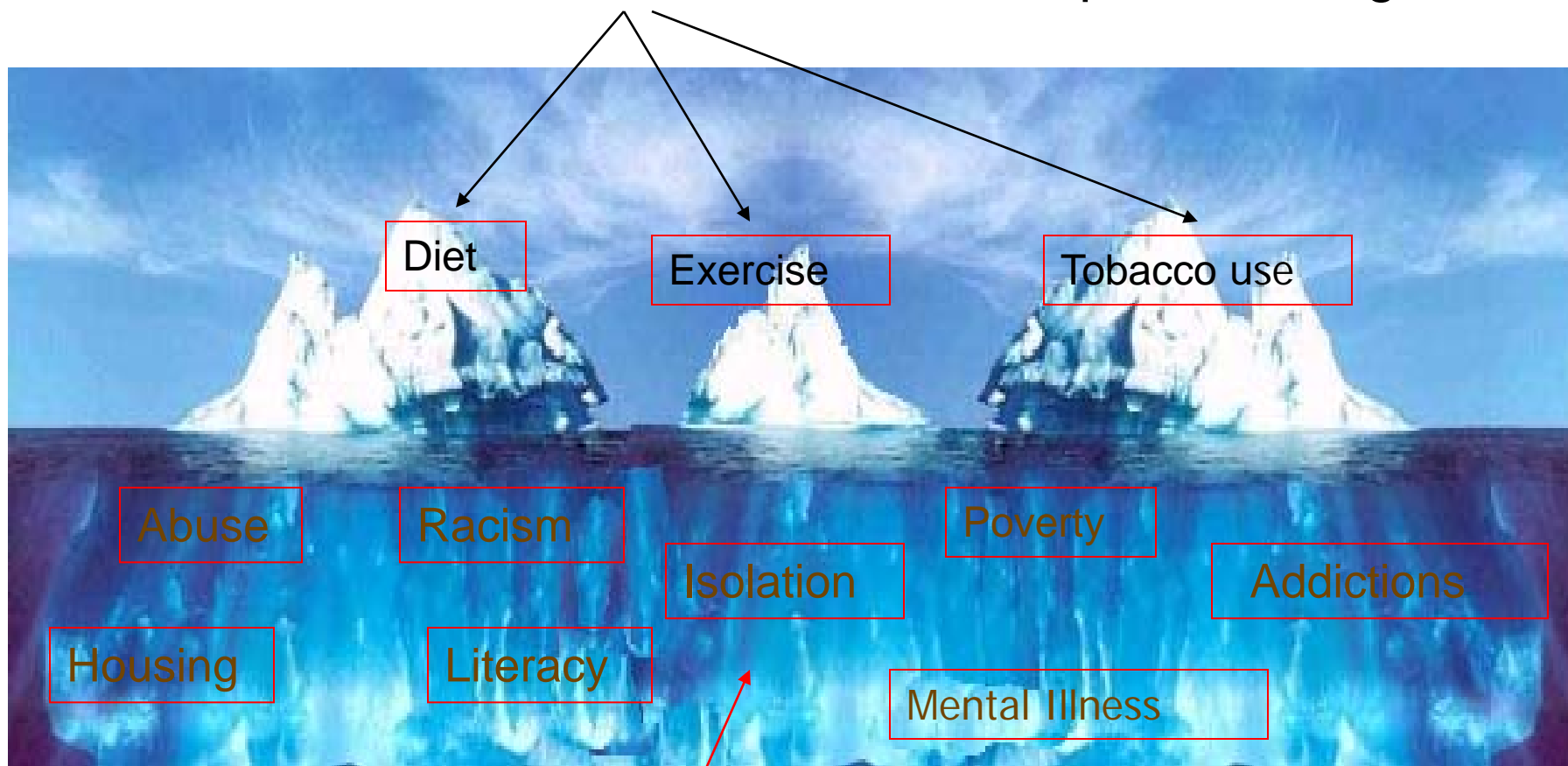
Shifting Paradigms

When we limit our focus to risk factors and health behaviours...



...we see only the tip of the iceberg....

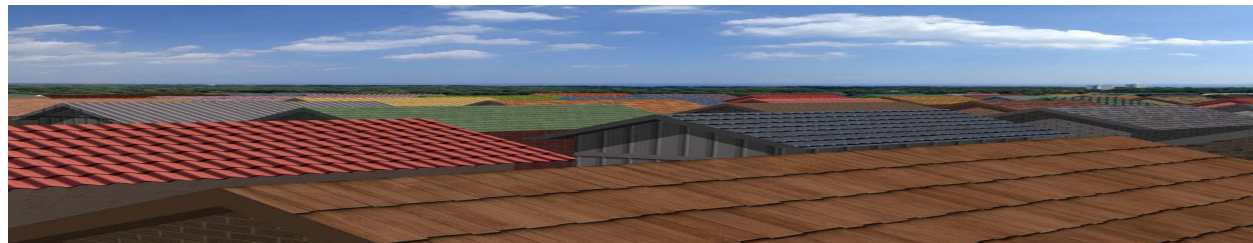
What we Observe, Measure, Tell People to Change



What we ignore: Context and Determinants

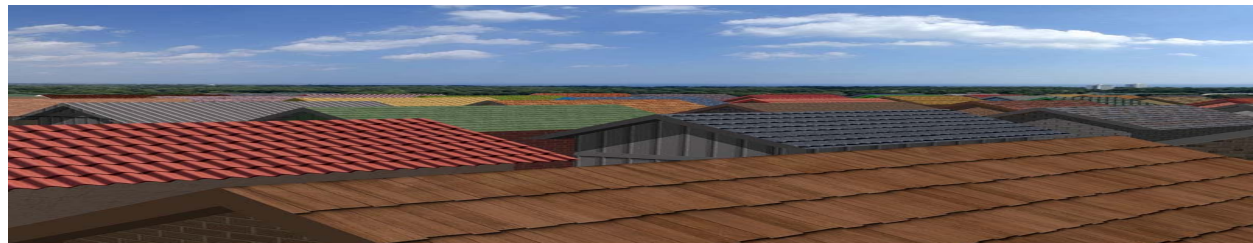
IHA Context: History

- Review of re-zoning and subdivision proposal – onsite sewage and drinking water



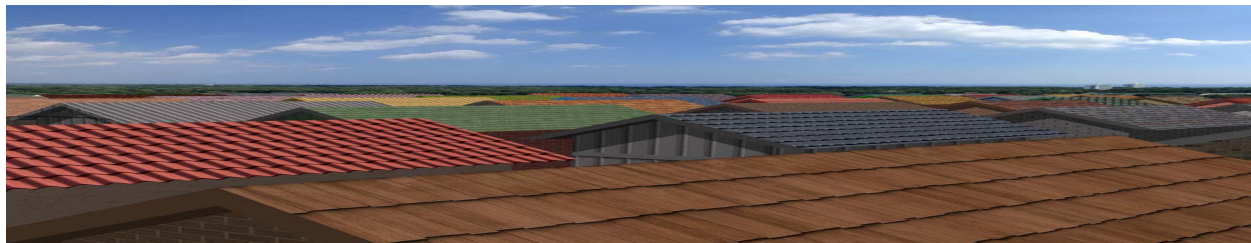
Interior Health Involvement

- PHSA in 2007 did a review of core programs
- Result-two core programs involved with healthy communities
 - ▣ Healthy Communities-Population Health-healthy schools and workplace
 - ▣ Healthy Community Environment-Health Protection: environmental health hazards and promoting community planning



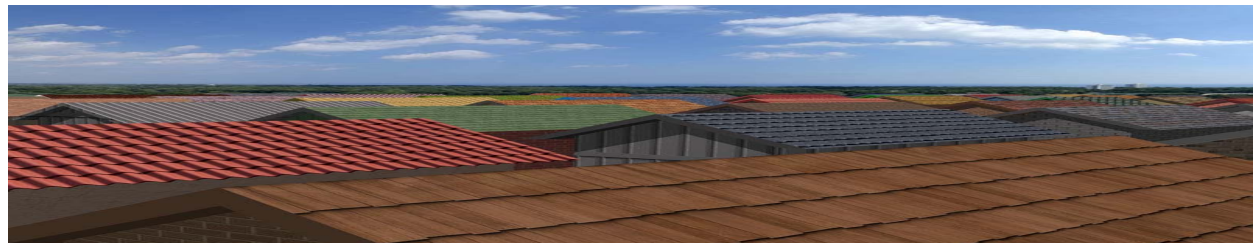
Current Role

- Current planning – rezoning/subdivision applications
- Long range planning – OCP, Regional Growth Strategy



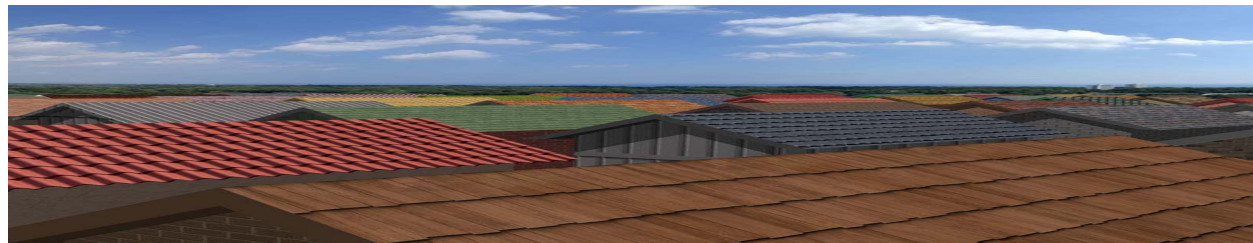
Population Health Lens

- Injury prevention
- Healthy Child development
- Environment including air, water, noise
- Physical activity-transportation and recreation
- Nutrition and food security
- Housing and social wellness
- Access and inclusion-mental health and disability



Involvement

- Kelowna, West Kelowna, Lake Country
Regional District of Okanagan - Similkameen
- MHO meeting with Council/Mayors to discuss HBE
- Meeting with CAO to discuss process – example
100+ units EHO involvement



Contact Information

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